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Roll out
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Condors remain
unbeaten
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SPOKE

Vol 26, No. 33

Conestoga College, Kitchener, Ontario

THE CONESTOGA COLLEGE
RESOURCE CENTRE
CAMPUS
CONESTOGA COLLEGE
October 17, 1994



Kickin' it

Second-year marketing students Jon Somerville (front) and Chadd Nelson practise hacking in their good suits while waiting to make a presentation for a class. (Photo by Rob Heinbecker)

DSA rides a big bike for charity

By James K. Leduc

The Doon Student Association (DSA) rode a "big bike" to raise funds for the Heart and Stroke Foundation Oct. 12.

Don Gosen, representative for the foundation, approached the DSA for support at the Oct. 4 meeting of the executive.

"What we have is a 30-person bike," Gosen said. "It comes with a driver and has two wheels in the front and two in the back and is quite the thing to see."

DSA president Sabina Kampf asked the DSA executive to participate in the ride because the bike's functions are to increase awareness and to raise funds for stroke research.

Gosen said he needed a group of 29 motivated people to ride a three-kilometre course and the DSA met

the challenge.

"All the money that is collected goes to research," Gosen said. "We feel this area (stroke research) is underfunded, especially among women, because for them the incidence of stroke is increasing."

In other matters, activities co-ordinator Marlene Ford told the executive that the euchre tournament held in the student lounge was a success, with 12 teams involved.

Ford said the Rock and Bowl that the DSA organized was also a success, with 46 people participating.

In pub news, the DSA is trying to organize a Casino night or nooner for some time in November, but is being slowed down by some of the red tape required to stage such an event, said pub organizer Jason McCriston.

Kampf asked the executive for its approval to purchase a DSA ban-

ner. Kampf said the banner is made of indoor-outdoor vinyl and is two meters by four metre.

The \$175 banner would have the DSA logo on it and be displayed at every DSA event, she said.

"Some people didn't even know who put on Shinerama," Kampf added.

"This way we would make ourselves more noticeable and people would know who is sponsoring the event. Some of the students don't know what we do."

The college's vice-president of human resources and student development, John MacKenzie, confirmed that DSA representatives would attend the academic management committee Oct. 26.

MacKenzie added the DSA should raise any issues of concern that students have at the meeting.

College workers to vote on pension plan

By Kerry Masche

On Oct. 26, Conestoga College employees will have the opportunity to vote for a joint-trustee pension plan proposed by the Ontario Public Service Employees Union (OPSEU).

Ron Martin, chair of the College of Applied Arts and Technology of Ontario (CAAT) pension plan committee and management trustee for OPSEU, made presentations on Oct. 4 about proposed amendments to the current plan managed by the Ontario Municipal Employees Retirement System (OMERS).

He said under the current pension structure, vital investment decisions are being made by people who have "no direct involvement with the success of our

(OPSEU's) plan."

Members of the management board who decide whether or not certain investments will be made, are under a public service pension instead.

Martin said several important proposals have been tied up in red tape due to the poor organization of the current structure and the fact that "like in politics, a lot of the key players keep changing."

A joint-trustee pension plan means that it will be controlled by the people who are under it instead of OMERS, he said. Half of those overseeing the plan will be employee representatives from the college, and the other half employers, Martin said.

He said the new plan's function is to protect the

See OPSEU, page 4

Business wing construction begins

By Rob Heinbecker

Construction of Conestoga's new school of business began Oct. 3, but without confirmation of government grant money, said director of physical resources.

David Putt said the money, which should total approximately \$1.2 million, is supposed to come from the Canada-Ontario infrastructure works program.

He said the decision to go ahead with the construction was made because the college is confident it will receive the grant. He added, with winter coming, it is necessary to have the building enclosed in order to continue to work through the season.

There was no reason, Putt said, why the government would not give the grant to the college as the college secured most of the money to construct the building through

fund raising.

The infrastructure program was originally to contribute two-thirds of the cost of construction, while Conestoga was to pay the last third. Instead, Conestoga will contribute three quarters of the cost, he said.

"One of the purposes of the Canada-Ontario infrastructure works program is to get employment and to keep it through the winter," Putt said.

The longer the government delays notification, the more likely it will be that the project will have to be shut down over the winter, he added.

Putt explained that during the winter mortar and cement cannot set and any masonry cannot be completed. If the weather is good and the contractor can get the manpower and have no problems with material shipments, there is a "chance" that the building will be

enclosed by winter. "It is something you have to call week by week."

He said if things go well, then it is possible to have the new wing completed by late June or early July of next year.

Putt said if the college does not receive the infrastructure grant, then the building will be delayed and have to be scaled down by the architect to 2,787 square meters (30,000 square feet) from 3,716 (40,000).

Devlan Construction outbid eight other companies for the contract to build the business wing with an approximate bid of \$3.4 million, he said.

The competition to win the contract was fierce, Putt said. "The top and bottom bids were easily within 10 per cent of each other, which is incredible."

Normally with a large number of

See construction, page 4



Rob Carere, an employee of Percor Excavating, puts pieces of sod against a silt fence to protect Doon pond. (Photo by Rob Heinbecker)

SPOKE

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Newspaper dating is a scary thing

A lot of newspapers today not only contain news of the world and the community, but also have a section with an abundance of men and women selling themselves to the dating world.

These individuals sum up, in a very short paragraph, how much fun they are, how cute or pretty they are or just how perfect they would be for the right person.

So what is the catch?

Why are these people who claim they are honest, sincere, hopeless romantics alone in the first place?

Happy people automatically attract happy people, and there is truth to the adage "misery loves company."

Newspaper dating has become an important part of some newspapers. Some weeks are slower than others, yet sometimes there are 50 or more of "these perfect mates" in every issue.

It is frightening today to accept a date from someone you hardly know, much less from someone you have never met.

Is society coming to the point where people have to resort to a newspaper in order to find that special someone?

I guess this is what some people consider, "dating in the 1990s." What I find frightening is the contradiction in the term this is the '90s. Play it casual, yet be careful.

Women, as well as men, have become more aggressive and forward towards dating and sex. Women approach men for a date, and this is an issue some women not only accept, but prefer.

How can you trust people you don't know when death-dealing diseases are killing so many every year?

AIDS, as well as other sexually transmitted diseases, scare me to death. Using a condom may seem like a suitable solution to these death defying encounters, but using something that can only protect a woman from pregnancy by an unacceptable per cent would not get my vote of confidence on the issue of AIDS.

I am not saying don't use protection. That would be suicide. I am just saying that there is a lot to say for the old fashioned way of dating.

Knowing who you are with and who they have been with is half the battle.

I do not believe in the '90s way of newspaper dating. I also believe men have a certain role to play in the dating scene.

I know many women would disagree with me, but when a woman takes on the aggressive role it's not a step forward. It's a step back.

There is nothing wrong with asking someone out, but the sleeping around is playing with fire.

I remember my mother telling me about her dating experiences, and the gleam in her eyes said it all. No pressures, no death-defying acts, just pure clean fun.

If newspaper dating and casual sex are the only way to find that special someone, maybe it would be better to be alone.

I would rather be scared to death than loved to death.

Letters to the editor

Spoke welcomes all letters to the editor. If you have a beef, or an opinion, please send it in. Spoke reserves the right to edit letters to fit space, and to remove any libellous statements. Your letter must be signed, and include your program and year for verification. Send letters to the Spoke office, Room 4B15, Doon campus.

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OPINION

Doggone good!!!

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In the face of
an angry student
protest, Dooners
pulls its new
Rottweiler-on-a-bun
from the menu.



Student leaders
denounce the
sandwich meat as
"too tough, too gamy
and in desperate
need of a marinade."

PT'94

Oktoberfest is counterproductive

When Oktoberfest began, there were a few sane people who sat and muttered to themselves: "Let the feast of fools begin!"

One week each October, a gaggle of people flock to Kitchener to intoxicate themselves in the name of German tradition.

There is the German beer, the German breed of sausage (greasy, but tasty little buggers, too), the German dress (including the neat little hat) and of course, the German music.

But the lesson to be taught by all of this is that the purpose for which they gather extends back all the way to the first Egyptian vineyards.

Back then, wine was a part of ritual and status, and everybody would drink it. Now it is commonplace to drink wine for your own intoxicating purposes.

What is Oktoberfest, above and beyond an excuse to get blind raving drunk?

Every weekend, a lot of students in North America go out and drink (and drink, and drink, and drink).

Many of those do it during the week. Most of those carry the week-long drinking into their post-educational life. This is the way that alcoholics are born.

Alcoholics Anonymous, along with a horde of doctors, defines alcoholism as a disease. A small group of youths in Stratford even created its own little religion centering around it. They call themselves "alcohol-

ists."

Could it possibly be that the annual tradition that put Kitchener on the map is promoting alcoholism? The main act most associated with the festival of Oktoberfest is the keg-tapping ceremony. After that, thousands of gallons of beer wash away the minds and livers of thousands of Kitchener residents. When did it become so fashionable to support a self-destructive addiction?

While the beer destroys the liver and the sausages send the cholesterol count through the roof, people still seem to enjoy self-destructing in the company of others.

Is it ignorance? Is it suicide?

More likely than not, the Oktoberfesters reading these words say, "Yes, I know what all this beer and grease does to my body, but who cares? It's just one week out of the year, anyway!"

How many heroin addicts have shot up and said, "I will do this just once, never again?" How many smokers have you heard say "I can quit whenever I want?"

Do they have any Brooklyn Bridges handy that I can buy?

I am not trying to deplore tradition, because tradition is one of the things that keeps order in society, but there are a few traditions that would seem to waste time, effort and brain cells. Oktoberfest is one.

There is not as much space as we thought

I was saddened by the recent discovery by Canadian and American astronomers that the universe may be only half as large as previously estimated. It means there are fewer places left to explore.

With each shuttle launch, I become more and more convinced that, some day, interplanetary space travel will be a reality for the average person.

Instead of vacationing in Florida or Hawaii, travellers will rent condos on Mars, spend summers at their Venus cottages or go skiing on the mountains of the moon.

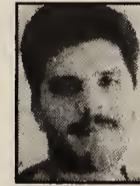
In a few centuries, a generation spread across the universe will grow up never knowing the problems of Earth.

These solarbabies will never suffer the inconveniences of overpopulation, starvation, homelessness, environmental ruin and the general feeling of anxiety caused by a planet incapable of supporting its numbers.

They won't need to worry about traffic jams, crowds of Christmas



By David Carlton



By Mike Beitz

highways will criss-cross the sky and high-rise apartment complexes and townhouses will cover almost every square metre of space.

People will be airbussed from Earth into the emerging metropolitans in droves and urban sprawl will move outward and upward.

The new planets, in short, will suffer the same fate as Earth.

And the problem with the universe being half as big as we originally thought is that it will fill up twice as fast.

In a million years or so, the universe will simply reach its saturation point.

At that point, some sort of biological NO VACANCY sign will have to be posted.

Hopefully, by that time, we will have developed some method of regulating and co-ordinating the birth and death rate so that nobody can enter until someone leaves.

Until then, sit in a park, hike in the mountains, picnic in an open meadow or simply relax in your backyard while you have the space.

Campus Comments

Do you think the student athletic fee is justified?



Yes, it's part of the school that tries to get people involved. It is also a great way to reduce stress and get healthy. There is more to school than athletics.

Sabina Kampf
DSA President

No, the fee isn't justified. I don't use the building at all. There isn't much for a person to do. If I want to work out I go to the YWCA.

Rosie Jagnic
Third-year graphics arts and design



Yes, the weight room and gym are there, so a group of friends can get together and play some floor hockey or basketball. You really get your money's worth.

Jeff Taves
Second-year accounting

To a certain degree. If we didn't pay, we wouldn't have the facility to use. Since we do pay the fee, it's your option to use the building.

Deanna Ciuciura
Second-year general arts and science



Yes, I do think it is justified. Whether you are involved or not, it perpetuates the opportunity through freedom of choice. Very Canadian.

Jack Harcourt
Third-year broadcasting

No, it's not justified. I've been here three years and haven't used it once. And it's not because I'm a lazy ass either. I just don't have enough time.

Stephanie Turnbull
Second-year general arts and science



Yes, it's part of the college, it's all inclusive and therefore it should be part of our tuition.

Jason McCorriston
Second-year materials management

Probably not. I don't think enough of the general population uses the facilities. Not everyone is a physical fitness buff. A lot of people don't want to be pumping iron six hours a day.

John Callaghan
First-year civil engineering



Bingeman Park career fair well attended

By Rob Heinbecker

The joint college and university career fair held at Bingeman Park, Oct. 4, was possibly the largest in the country, said Wilfrid Laurier University's career services director.

Janice Basso, one of the fair's organizers, said there were 92 participating companies. She estimated that 3,000 students attended. This is the first time the region's college and three universities held a career fair jointly, she said.

Basso said a career fair is an information session for students to learn about companies and job trends, while a job fair is more for students actively trying to find employment.

Conestoga electronics engineering technology and telecommunications students, Scott Massey and Brian Tucker, will graduate in April and were looking to get a foot in the door of companies they are interested in.

"You really have to know somebody inside (a company) to even get your resume looked at," Massey said.

"I'm looking to see what is out there in order to know where I should be focusing my efforts at school," said third-year Conestoga marketing student Sabina Kampf.

Kampf said the fair also exposed students to companies that might not immediately come to mind when searching for a job, like Ralston-Purina and the Ontario



Jacqueline Richards, human resources manager at Ingram Micro, talks to marketing student Sofija Kamsic. (Photo by Rob Heinbecker)

Lottery Corporation.

College marketing student Sofija Kamsic said she came to the fair to test the waters. "I came to get to know some of the companies and the positions they have available."

Kamsic said she looked at employers such as Proctor and Gamble, Scotia Bank and Ingram Micro.

The fair included a wide range of employers, from Red Lobster and McDonald's to Bell Telephone and Scotia Bank.

"We have had a lot of people from marketing, which is great because we have a lot of jobs in marketing," said Krista Hiddema, a representative of Ingram Micro, a distributor of computer hardware, software and peripherals.

Rehana Doobay, a corporate recruiter from EDS, a computer software company, said she was

getting a mixed bag of students asking mainly about career growth and opportunities.

Taco Bell was among several fast-food restaurants making their pitch to students.

Peter Woo, a restaurant general manager with the company, said the Taco Bell booth was getting a good response because the company is growing so rapidly.

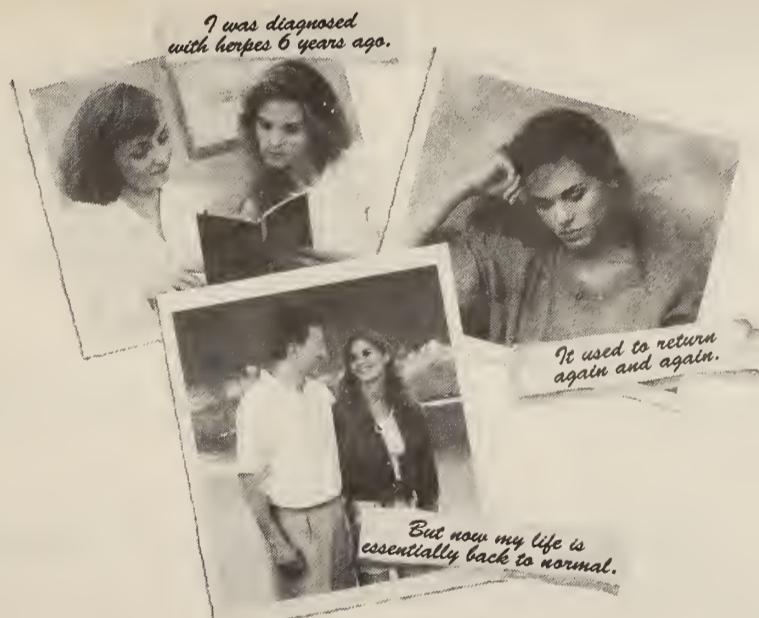
Corrections

Due to an error by Spoke's printers, the photos of the pool player and the residence election winners on page 8 of the Oct. 11 issue were reversed.

On page 11, the Loyalist Lancers softball team was erroneously identified.

Spoke regrets the errors.

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1-800-478-3227

And consult your physician

Letter to the Editor

Spoke should serve students

To the editor:

Every Monday morning on my way to class, I cringe when I pass the Spoke box containing the new weekly edition of Conestoga College's student newspaper.

At first glance, it appears to be like any other student publication found at colleges and universities across Canada.

When you sit down and read Spoke cover to cover, you may question its relevance to students at Conestoga.

A student newspaper should be just that — a paper designed, produced and directed to students.

A student publication should have as little involvement as possible from faculty.

Spoke should be the voice of the students, not of the journalism faculty advisor.

There have been many debates between the journalism faculty and journalism students about

the direction of Spoke.

The bottom line for any publication is to keep the readership as interested as possible in order to survive.

If the sole purpose of Spoke is to train journalism students, there should be a limited run of the paper to satisfy that market.

This would save the DSA a lot of money that could be redirected to finance a new paper relevant to the whole student and faculty body.

If Conestoga had a student paper that involved everyone, it would be more successful and better respected than it is now.

As a journalism student, I have been told that involvement with Spoke should simulate that of a real work environment.

In the real world, however, Spoke would not exist. The target audience is not large enough to support it.

James Christman
Third-semester journalism

Communications teacher stresses variety of skills

By Frank Knoblock

Students need more than basic skills to be successful at college and afterwards, says a Conestoga College communications teacher.

Today's high-tech jobs require workers to be skilled in many areas, said Heather Charles. "It's not just reading and writing skills, it's critical thinking and interpersonal skills."

The Ministry of Education recently had a study completed with that focus in mind, she said.

It identified five generic skills that students should have when they

graduate in order to be successful during and after college: communications, mathematics, computer literacy, interpersonal and analytical skills.

The study says, Charles explained, that employers have been asking the ministry for graduates who are proficient in many areas because they "need employees who can adapt their skills to a rapidly and continuously changing workplace."

But without competent reading and writing abilities, none of the other skills can be mastered, Charles said.

"With the advances in technology and what they're calling the information age, it has become necessary for people to read and write at a much higher grade level than in the past."

Students have to be able to comprehend what they are reading, she said.

Cathy Potvin, a librarian at Doon's Learning Resource Centre, has a similar view. "People who can't acquire and understand the information that's available will have a difficult time in an information-based society."

She said that information today is

being used as a commodity. "More and more people are finding that information and knowledge is of great value."

Canada is moving from the industrial age to the information age. Video games, television and busy lifestyles have had a great impact on the amount of time that people give to reading, Potvin said.

"But I would like to think that the lack of interest in books is a short-term cyclical reaction that will change. I'm hoping that people will become bored and disillusioned with the glitz toys and rediscover books."

Potvin agreed that as disposable income continues to shrink, that factor may encourage people to return to books as a cheap form of entertainment.

"Historically, libraries and bookstores have done well during recessions," she said.

Charles said basic skills such as reading and writing should be taught at a very early age.

Too often parents neglect children in that area. "I don't feel the onus should rest only with the school. I think it has to be a partnership between the schools and the parents."



Practice makes perfect

Roger Mayo instructs a first-year ambulance and emergency care class in front of the main building Oct. 6. Students were practising the proper procedure for raising and lowering patients into the ambulance.

(Photo by James Leduc)

Construction of business wing begins

Continued from page 1

Putt said, he has found that one or two contractors will bid just to submit a bid and really are not serious contenders.

Putt said one of the benefits of the project involves filling in the little bog located beside the nursing wing of the main building.

The plan also calls for softening the steep slope between parking

lot 12 and the main building and eventually planting trees.

In addition, Putt said, it will save the college hauling and dumping charges for the excess dirt from the foundation.

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OPSEU to vote on joint pension plan

Continued from page 1

interests of those who are under it. Trustees on the new pension committees must be union members elected by divisions. They will serve terms up to three years.

Martin said the OPSEU has \$2 billion in assets over which they have no effective input in respect to administration and investment decisions.

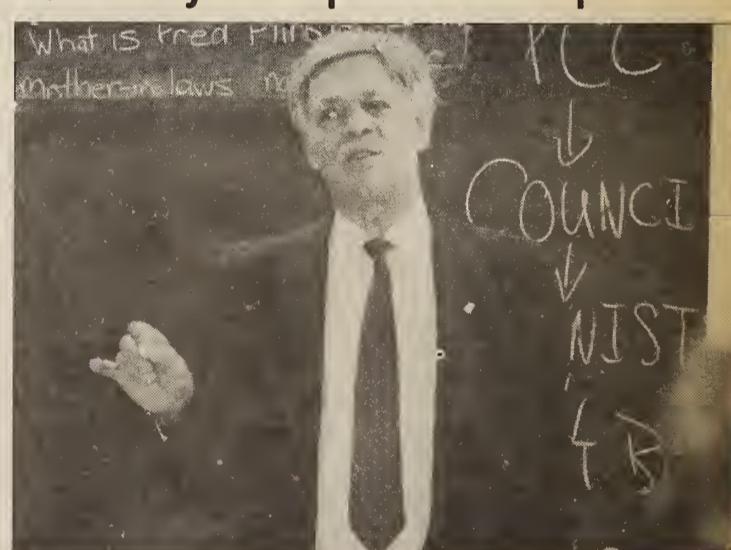
A memorandum given out at the presentations says, "In essence, while our pension, if it were independent, would be one of the 20 largest in the country, we are, in reality, collective beggars in the area of pensions."

Martin said three main amendments are being proposed in the joint-trustee pension plan.

One is to change the people in control of the pension to those who are directly involved with it.

The second is an early retirement window which reduces the penalty for early retirement from five per cent to two per cent.

The third is for terminally ill members who wish to cash their pensions in early instead of having their families collect the full



Ron Martin, chair of the CAAT pension committee, leads an information session on the pension plan.

(Photo by Kerry Masche)

amount at the time of their deaths.

There are 1,800 contributors, 3,000 retirees and survivors and 1,000 terminated members entitled to pension benefits under the CAAT pension plan, he said.

If the joint-trustee plan goes through, Martin said, the board of trustees will hire legal and financial advisors to help them with the decision-making process.

Martin said it will take between eight months and two years to fully implement the new joint-trustee plan if it is voted in.

He said that at least 60 per cent of college employees under the current plan and 60 per cent of college boards must vote yes before the plan will be passed.

If it is put into effect, the date of the new plan will be Jan. 1, 1995.

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Conestoga broadcasting graduate Valerie Cole hosts CHYM FM's morning show.
(Photo by Blake Patterson)

Morning success

Doon grad wakes up K-W

By Blake Patterson

It is 3 a.m. The alarm clock has ended another dream, and Valerie Cole, CHYM FM's morning host, awakes. By 5 a.m. she is at the station and by 5:30 she is on the air.

A 1990 Conestoga alumna, Cole said she can not understand how anyone could work at a job they hate.

"I can't imagine what it must be like," said Cole.

In a recent interview, she said she still dreams of being an actor, but finds broadcasting easier and more secure.

"I figure I'm better at being myself than at being somebody else," she said.

Cole will be the master of ceremonies for the BRT program's awards banquet Nov. 4.

She said she considers herself a better listener than a talker, and loves the unpredictability and energy of radio. "People tell such great stories," she said.

After high school, Cole worked for one year as a clerk at Allen-Bradley in Cambridge, and in 1987 she applied for broadcasting at Conestoga.

While attending college she worked part-time at AM 96 in Cambridge and at CFLA in Guelph (now Magic 106.1).

Cole said Conestoga gave her a tremendous education but she experience is the only true educator.

BRT faculty member Mike

DuBoulay said Cole's positive, bubbly attitude is the key to her success. "Attitude is everything in this business," he said.

BRT technologist Bob Curry agrees.

He said he remembers that her positive teamwork attitude made her classmates jealous but respectful of her ability.

Curry remembers a 10-minute interview in which Cole discussed the finer aspects of flatulence. "How she kept from laughing I will never know," said Curry.

Since graduating, Cole has worked as an evening and late-night announcer at CHYM in Kitchener, and for the past year, she has co-hosted the station's morning show with George Michaels.

After hosting the show alone for nine years, Michaels said having Cole in the booth was like starting over.

But he added, the transition has not been difficult.

"She's professional, intelligent and spontaneous," said Michaels.

Since the morning show format was adopted in August of 1993, the number of listeners has increased for both the show and the station.

Cole said she hopes that her skill as a host will improve as the show's ratings continue to rise.

"I want to work at being faster at making up the right thing to say," said Cole.

CHUM Ltd. donates equipment to college broadcasting program

By Brenda Boomer

CHUM Ltd., a major broadcasting company in Toronto, donated \$100,000 worth of equipment to Conestoga's radio and television program.

Paul Scott, co-ordinator of the broadcasting-radio television program, said the equipment (donated in September) includes three broadcast consoles, three reel-to-reel tape machines and 12 playback/record cart machines used for commercials.

"Everything is in excellent condition," Scott said.

CHUM wants to provide some tangible benefits to Conestoga's broadcast program, he said.

Bob Laine, CHUM's vice-president of special projects, noticed a need for equipment updating and studio improvements when he visited the college in January.

After CHUM purchased Kitchener radio station CFCA-FM, officials in Toronto decided to donate the used equipment to Conestoga. "If students could use the equipment in school it would be better for us," Scott said.

In a letter to Scott, Laine said CHUM was interested in working with the college's broadcast program and that CHUM is willing to contribute to the training of qualified candidates for careers in radio.

Scott said his department has received only part of the equipment.

The total contribution to the Conestoga program would be \$304,500, cash and services.

According to the letter from Laine, CHUM plans to assign a technician to spend two days a month to work with Conestoga's broadcast engineers on repairs to the (donated) equipment and the college's existing equipment.

CHUM has also offered to train third-year broadcasting students at their studios in Kitchener. In addition, CHUM has made a proposal



Paul Scott, co-ordinator of the broadcasting program, displays equipment donated by CHUM Ltd.

(Photo by Brenda Boomer)

learning in the classroom. "The equipment is creating a greater number of student resources," he said.

"There will be less competition for training time on the equipment." And with more resources, there will be less distress at the end of the semester, Scott said.

"The donation is an excellent opportunity for us because school funds are always being cut."



Personality Profile

Louise Allison

Conestoga rocks, with ME, Louise Allison, news director of CRKZ. Catch me every Thursday at 11:30 a.m.

This is gonna be the best year of your life. Why you might ask? Well it's because we at CRKZ are here to ROCK YOUR WORLD!

Specialty shows, Rock 'n' Bowl, and not to mention our fundraiser for the United Way. Give us \$1,000 in pledges and you can hear what you want.

Remember Thursdays at 11:30 a.m. it's me, Louise Allison.



You know, news really isn't as serious as it seems.

Come on up to 3B11 and tell me what's on your mind about school, life and living.

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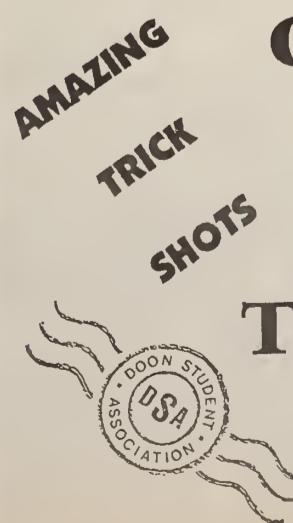
GERRY WATSON

OCTOBER 18

12 NOON

IN

THE STUDENT LOUNGE



Roll out the barrel



Marlene Ford, former DSA activities co-ordinator, and Cliff the Condor at the Oct. 7 keg tapping. (Photo by David Carlton)

Keg tapping fills Roost

By David Carlton

The tables of the Condor Roost were filled with beer-drinking students Oct. 7, praising the age-old tradition of Oktoberfest. Plates with fat sausages garnished with sauerkraut and potato chips were being consumed along with an ocean of beer, and chants of "oogie-oogie-oogie, oi-oi-oi!" were heard from a long table full of students.

But with all this, Conestoga's first annual Oktoberfest was not officially under way until Conestoga president John Tibbets tapped into a small keg of beer, filling a pitcher held by DSA president Sabina Kampf.

DSA members Jeff Taves and Shelley Kritz said they didn't feel Oktoberfest would interfere with the students studies.

"The guys here are smart

enough," said Taves, "to know not to get drunk during school hours. They have enough common sense to know that."

Key-chains, T-shirts and miniature footballs were being given out as prizes by event co-ordinators and Cliff the Condor.

Prizes given out by random name-drawing throughout the afternoon consisted of commemorative T-shirts, as well as ones that advertised beers.

The beers were also advertised on key-chains, pens and footballs.

Halfway through the celebration there was an egg-swallowing competition, in which about a dozen students participated.

The keg-tapping came at the climax of the afternoon, with the ceremony concluding when the first pitcher was swiftly passed around.

Waterloo students cater to thousands

By Maria Wareham

Thousands of Kitchener-Waterloo residents and visitors to the area were out early Oct. 8 for a free Oktoberfest family breakfast prepared by Conestoga College's food and beverage management program students.

The breakfast was held at Waterloo Towne Square and in its 12th year has become as much an Oktoberfest as a Conestoga tradition, said program co-ordinator Gary Williams.

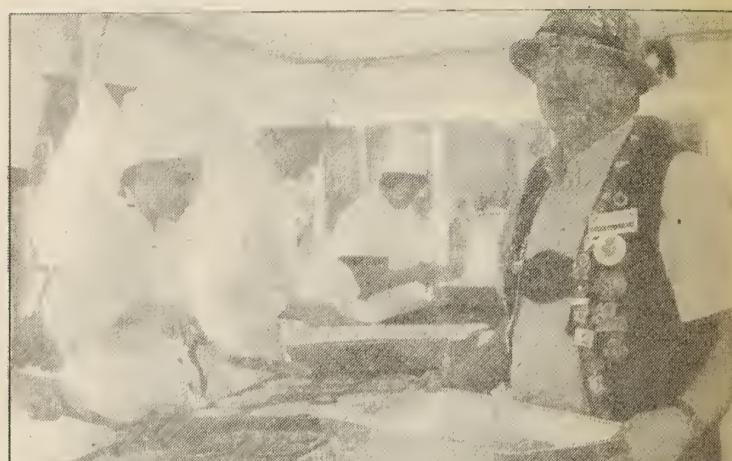
Williams has been involved with the event since it started.

The breakfast brings in 8,000 to 9,000 people and it is a great opportunity for students learning about food preparation, said Williams.

"It's mass production and it shows the students what outside catering is like."

About 30 first-year and second-year students as well as graduates from the Waterloo campus program arrived at 6:30 a.m. to mix, cook and grill for the 7:30 to 11:30 a.m. breakfast, said Williams.

He said the students worked with 26 metres of grill to cook about



Gary Williams, food and beverage management co-ordinator serves breakfast at Waterloo Towne Square. (Photo by Maria Wareham)

14,000 pancakes and 14,000 sausages.

Charles Champagne, Waterloo Towne Square's general manager, said he expected to have more than 9,000 people at the event this year because of the good weather.

Because there was poor weather last year, only 4,000 attended, he said.

"But this year it looks better. People were lining up at 6:30 a.m."

Locals and tourists come out for

the breakfast, he said, but usually area residents are the first to arrive.

The event, along with the exposure for Waterloo Towne Square and for the other sponsors of the breakfast, is also our way of showing our participation in Oktoberfest, said Champagne.

People look forward to it every year, he said. "People were approaching me as early as March to ask if the breakfast would be held again this year."



Bottoms up - Conestoga students compete in an egg-chugging contest during the keg tapping at the Condor Roost Oct. 7.

(Photo by James Leduc)



Clowning around - Binky the clown dances for the crowd during Oktoberfest celebrations in Kitchener. (Photo by Winston Endall)



Look at that - People in downtown Kitchener crowd around to watch The Reflections, a jazz band playing at Oktoberfest ceremonies Oct. 10.

(Photo by Winston Endall)

Perspective

Health care system

Health care in for big change, says dean

By Frank Knobloch

The dean of health sciences at Conestoga College says Ontario's health care system has to change its focus from treating disease to the practice of health promotion and disease prevention.

Bill Jeffrey said research material on the health of Ontarians suggests that "no one has made a very honest attempt to change our disease-oriented society to one where we talk about health promotion."

The Ontario Ministry of Health has not done much to create a health promotion and disease prevention system, he said. Despite the billions spent annually on health care, "over the years, I can honestly say that the health of Canadians (and more specifically Ontarians) has not really improved noticeably."

But over time, health care will move towards promotion and prevention, he said. "What you will probably see within the next five to 10 years will be a Health Ministry promoting health centres. The centres will have various types of health promotion specialists who deal with nutrition and the import-

ance of exercise."

The specialist's directive will be one of educating the public on healthy lifestyles that reduce the need for medical care and treatment, he said.

But good health is not just the health-care workers' job, Jeffrey said. "We really have to pay close attention that the consumer is accountable, as well as everybody else. It's OK to criticize professionals and others, but the consumer has to be aware of the fact that they have accountability for their health status."

That sentiment is shared by Dr. Jodie Wang, who visits Conestoga's health services office twice weekly to attend to the ailments of students.

"I think the government is always looking at how they can set up more programs to help Canadians towards better health. But the bottom line is that people have to learn to take better care of themselves and to accept some individual responsibility," Wang said.

People have abused the system and that abuse has helped to drive up health care costs to the point

where the system is almost bankrupt, she said.

"The problem is that Canadians perceive it as being free." People have the attitude that it is OK to let themselves go to pot because they do not have to pay, Wang said.

She said that a user fee for treatment could convince people to be more health conscious. But she said that it would be a hard sell for any government wanting to implement the fee.

But it will not be a free ride forever, she said. "Some government is eventually going to have to put their foot down, and make people pay and take responsibility for their own health."

Wang said it is the only way, "because people don't appreciate that medical care is expensive, unless they have to pay for it themselves." The large sums spent on the health care system and rapid increases in technology have done little to improve the health of people.

People have to want to be healthy, she said. "A lot of money is being spent on prevention and the risks of smoking and not exercising, but if people don't want to do it, then



Dr. Jodie Wang, Conestoga's part-time doctor, says people need to take more responsibility for their health. (Photo by Frank Knobloch)

nothing is going to change. The health of Canadians probably hasn't changed significantly in the past five or 10 years."

Jeffrey said, "People have the right to choose whether they want to take drugs or drink excessively to the point where they become alcoholics." But then he said they should be held partly responsible for their poor health when they use

the system. There are other factors that contribute to the ailments Canadians suffer, he said.

"We need to focus some very serious attention on other things such as environmental health." Air pollution, poor building ventilation (sick-building syndrome) and other environmental problems seriously add to the health problems of people, Jeffrey added.

Students test AIDS savvy



Left to right: Nicole Legault, Jeremy Hyde, Laura Spies and Goldie Allen check out Hyde's condom costume. (Photo by Maria Wareham)

By Maria Wareham

Conestoga students were given the opportunity Oct. 5 to test their knowledge of AIDS, receive free condoms and learn more about the disease.

Fifth semester nursing students, Goldie Allen and Laura Spies, working with the Waterloo Region health unit as part of AIDS Awareness Week, were at Doon's main cafeteria promoting AIDS awareness.

Students tried their luck at the HIV trivia roulette wheel, guessed how many condoms were in a jar and chose from a selection of (flavored and colored) condoms.

Allen said she wanted to keep things on the lighter side and make the activities fun.

She said that most students answered the HIV trivia questions correctly and were quite knowledgeable about the disease.

Along with promoting the realities of safe sex on a lighter side, Allen and Spies provided students with information pamphlets on AIDS.

"We're trying to cover almost everything, with special attention to women's issues (regarding AIDS) because women look after everyone else first and put themselves on the backburner," Allen said.

Two videos, Pros and Condoms and Time Out: The Truth about HIV and AIDS, were also shown during the day.

In the Waterloo Region, 120 people have been diagnosed HIV positive and 44 have AIDS, said Allen.

Education key to good health, says nurse

By Maria Wareham

More health promotion and education are necessary in preventing illness and maintaining good health, says Marilyn Fischer, Conestoga's health services nurse.

Fischer said that society is living in a stressful environment and it's important to teach and promote good health and ways to deal with stress.

About 20 students per day come to health services with stress-related problems, including head-

aches, fainting, nose bleeds and anxiety attacks, she said.

Students are also suffering from other stress-related problems: lack of sleep and poor eating habits.

Some students live on junk food, others go all day with nothing to eat because they say they have no time, she said.

There is too much to do and not enough time."

Some programs, such as nursing and health sciences, are very stressful, she said.

Fischer said that society today is

not less healthy, but people use doctors more than they have in the past.

"People do not want to be sick, it's a burden to them." Generally, people want to deal with their own health problems but they don't know how to, she said.

People have to be made aware of the different choices of treatment, such as massage therapy and yoga, they can follow and work in a partnership with the doctor.

"More health promotion is an alternative to health problems," Fischer added.

Doon students divided on health issues

By Maria Wareham

While some Conestoga students say people today are healthier than in the past, others argue that better health has made no progress.

The lack of health related information, readily available junk food, a polluted environment and tight schedules with no time to eat meals and exercise were attributed to poor health.

Students said they felt tax money was not being used properly to promote better health.

Cynthia LeClair, a first-year student in the law and security program, said she would like to see health pamphlets mailed and the school cafeteria post a Canada food guide.

She said commercials may promote better eating habits and

healthier foods, but grocery stores are selling foods packed in preservatives.

Tiho Velkovski, an electronics student, felt food is polluted before it even gets to the store. Farmers use too many pesticides and people are eating all of this, he said.

But other students said health has improved, feel there is enough health promotion and information available, people are more health conscious, exercising, concerned with their choice in food and environmental pollution is controlled better.

General business student, Wendy Myers, said people are healthier today because they are better informed. People 20 years ago weren't as concerned with what they ate. Today people think if they eat healthier and better foods they



will live longer, she said.

Rick Marshall, a student in the electronics program, said there have been vast improvements in health and cleaning the environment. Government is not spending enough money on health issues but has made some improvements in other areas. "You can eat fish from Lake Erie now," he said.

Streetkid agency needs donations

By Patrick Tighe

Temperatures are falling and a Kitchener haven for street kids is looking to the community for contributions of cash and winter clothing.

Reaching Our Outdoor Friends (ROOF) receives little government funding and depends on a staff of volunteers and private contributions, said ROOF executive director, Angie Murie.

ROOF was founded in 1989 by Kate Miller, a student of social services at Conestoga College.

In trying to get her own daughter off the streets, Miller began helping a number of street kids get shelter and meals.

Eventually, her efforts led to a full-time shelter which offers a variety of services.

Murie became executive director over three years ago after Miller left the organization due to burnout, Murie said.

Murie joined ROOF five years ago as part of her placement position for her masters degree in social work at Wilfrid Laurier University.

As executive director, Murie's duties include, among others, preparing budgets, public presentations, staffing, fundraising, counselling, cleaning and cooking.

She works with a small paid staff and a core group of roughly 20 dedicated volunteers.

Murie jokingly refers to the latter as "lifers".

Besides relying on students from local colleges and universities, volunteers include homemakers, retailers, even a baker, Murie said.

The program's operating budget includes \$6,000 annually from the City of Kitchener.

Little aid comes from provincial or federal coffers, Murie said.

"We are a safe haven for kids, seven days a week. We offer them the basic necessities of life."

—Angie Murie

"In the summer we employ summer students so we get a grant from the Employment and Immigration people but that's nothing," she said.

The bulk of the program's funding comes from fundraising and donations.

Some of the program's expenses are a constant challenge to meet. The shortage of capital has had a silver lining though, the program operates as a "lean, mean machine," Murie said.

"We are a safe haven for the kids, seven days a week. We offer them the basic necessities of life."

These necessities include hot meals, laundry facilities, showers,

paid prescriptions, counselling and referrals to other agencies, she said.

These services are extended to a largely transient group of street kids as young as 12 years old. Murie estimates that hundreds of kids rely on the program.

132 individuals visited the facility in July 1994.

Murie also estimates that roughly 85 per cent of these kids come from abusive backgrounds.

Abuse comes not only from parents but also from siblings, relatives, neighbors and others, she said.

"If you see people and look at the pain in their faces. Why not try to reach out a hand rather than turn away."

The program always welcomes cash donations and new volunteers. With winter on its way, the centre can also use men's jeans, blankets, towels, gloves, mittens, wool socks and boots, Murie said.

Because ROOF is a community-based program, visitors from within the community are welcome to talk with staff and see the facility, she said.

Arrangements for contributions can be made by calling 742-2788. The centre's drop-in hours are Monday to Friday, noon to 4 p.m. and 7 to 11 p.m. and 2 to 7 p.m. on Saturdays and Sundays.

ROOF is located at 43 Cedar St. N., Kitchener.



Free Wheelin'

Second-year office systems administration student Sandra Vaughn takes a break while waiting for a Project Lift bus at Conestoga's Doon campus.

(Photo by Frank Knoblock)

Employment services urges students to market themselves

By Patrick Tighe

Students looking for work in a poor economy must effectively market themselves to employers, says Marilyn Snyder, student employment officer at Conestoga College.

"When a student doesn't find employment they have to realize it's the economic climate they're up against. It's not a reflection of their skills or their program."

In spite of a slow economy, the college's graduate employment report for 1992-93 boasts an 82 per cent employment rate for graduates in all programs available for work.

Graduates in programs such as nursing or manufacturing seem to have the most difficulty breaking into today's workforce, says Snyder. Programs in engineering and com-

puter related fields are in demand and will continue to be into the near future, she said.

Students can consult the employment report to better assess the market for their skills says Jeanette Walker, student employment and alumni assistant. The office also keeps thorough files on businesses which have hired Conestoga grads in the past, says Walker.

"I like to follow-up with the employers," said Walker. "That's something I think is very positive. We've gotten a lot of really good feedback from them." For their part, students have few delusions about job prospects in their fields, said Walker. The office keeps placement records which list employers and starting salaries covering the last five or six years, says Walker.

"There is really no reason for them to have

unreasonable expectations. It's all here in black and white."

The office's close relationship with employers gives students an edge in the job market, said Walker. Walker estimates that newspaper want ads only represent 18 per cent of the job vacancies.

"The employers that call me don't want to advertise in the newspapers because they're going to be bombarded by hundreds of enthusiastic applicants who may not have the skill set they're looking for," she said.

Students should remember that the college's employment service is not a placement service but rather an employment resource, says Snyder.

"We provide the tools," says Snyder, referring to the office's resume preparation ser-

vice, mock interviews, skills handouts, as well as employer profiles and directories.

The office also works to create an awareness among employers about the skills and qualifications of Conestoga graduates, says Snyder.

Students can pay to have resumes put together for them or take a workshop class and prepare their own, says Walker. She then places the resumes into the computer where they remain on file for a year. Student resumes are then forwarded to target employers determined by the student, says Walker.

Mock interviews can also be arranged. These interviews are conducted professionally to simulate a real-life experience. Students are evaluated at the interview's conclusion, says Walker.

COUNSELLOR'S CORNER

By Marian Mainland, Special Needs Co-ordinator

As faculty, I have had students with special needs request extra time on tests. But how is the need for extended time documented? How do you determine how much extra time is needed?

There are diagnostic tests which identify learning disabilities and determine the need for extra time on tests by comparing student's performance on timed tasks to performance on untimed tasks. The actual amount of extra time required for tests is calculated based on the student's improvement in performance and the amount of extended time required.

For all program tests, the proctor indicates (on the Test Proctoring Form) the number of questions completed within the allotted time. The student continues writing until the test is completed. The difference between allotted time and completion time is calculated along with the success rate on questions completed after the regular time frame. This information is used to confirm the need for extended time.

Allowing students with disabilities extra time on tests provides them an opportunity to be successful.

Research indicates that students without learning disabilities do not increase their performance significantly when provided extra time.

Not knowing the answer is not the problem for students with special needs — not being able to read quickly or respond quickly in writing is the problem.

Please remember, equal does not always mean the same.

(advertisement)

FORDE STUDIOS INC. is the official graduation portrait photographer for 1994-1995, and will be on campus taking pictures for the following graduates:

BUSINESS STUDENTS **Oct. 17 to 21**

NURSING STUDENTS **Oct. 24 to 28**

Futures instructor enjoys new position

By Blair Matthews

Cambridge Futures teacher Van Malatches loves the quaintness of the halls at Conestoga's Cambridge campus and the students he teaches almost as much as the job itself.

Malatches, who started teaching three years ago, filled in for the month of June at Futures, a program designed for former dropouts who are trying to get back into the work force.

Gord Griggs, a former teacher at Futures, retired last May.

At the time Malatches was filling in, the position was only temporary until a permanent replacement could be found for September. Malatches was that person.

Malatches said he does not like the structure of traditional classroom settings. He also does not consider what he does at Futures teaching.

"It's not a matter of holding up a textbook and saying, 'this is what we're going to do.' To me, Futures is developing the personal stuff and the personal development ... it's a discussion of how to do things better."

His classroom reflects that attitude, with a collection of chairs arranged in circular format, shedding the image of desks lined row by row with the teacher at the front of the room.

Malatches is not much older than most of his students and because of that, "The generation gap is minimized. We deal with students that are 16 to 20 (years old); I'm 26."

With that gap closed in, Malatches said the conversations and degree of trust is at a higher level.

Students in the Futures program can perhaps relate better to someone his age, he said.

The highlight of Malatches' career was getting hired at the Cambridge campus, he said without hesitation.

To be considered as a permanent replacement, Malatches had to reapply for the position in August along with others wanting the job, he said.

"I had my interview and I had just a terrible interview, I was very nervous."

Malatches said he was in Toronto when he heard he had been hired to



Futures teacher Van Malatches at the Cambridge campus. He has been a teacher there since September. (Photo by Blair Matthews)

teach the Futures program at Cambridge.

"It was the highlight of my life but there was no one around there that I could share it with."

Getting the job at Cambridge gave him the opportunity he had been waiting for to prove himself, he said.

Malatches said his favorite thing about being part of Conestoga's Cambridge campus is the students.

"I don't mean just the students in futures. Meeting people in Focus (for change) and OBS (Ontario basic skills). That's probably the best thing about Cambridge — it is so quaint that you get the opportunity to meet everybody."

Away from the classroom, Malatches said he likes to golf in

his spare time. "My game is not too good this year."

In addition, Malatches said he likes to cook and take time to relax with his friends.

Malatches attributes his success in his job to the staff from Conestoga's Cambridge and Waterloo campuses. They have helped him in many ways, from giving him the job in the first place, to answering his questions and providing him with support and advice along the way, he said.

Reflecting on his career to date, Malatches said he has never been sorry he chose teaching as a profession. "No matter how diverse the problems are, I keep going with them and trying to find solutions to them."



Helping out

Left to right: second-year marketing students Kerri Costello, Erin Shepard and Leon Punanbolam do their part for the United Way by painting signs for this year's campaign launching that was scheduled for Oct. 17. (Photo by Kerri Masche)

Housekeeping a full-time job, says maintenance manager

By Patrick Tighe

Washrooms are Dan Stark's business.

Stark has been manager of the college's housekeeping staff for the last three and half years.

He oversees the maintenance of the 30 washrooms throughout the college with a staff of about 30.

The staff is retained by the college and works on contract basis with an allotted budget.

According to Stark, the consistent upkeep of the college's essential facilities is no accident.

His crew begins its day at 8 a.m. and some still haunt the corridors at 5:30 a.m., he said. "Probably 50 to 60 per cent of the daytime staff would be dedicated to doing rounds of the washrooms."

Breakdowns in the plumbing do occur several times a week said Stark, largely as a result of people plugging the toilets with paper towels or tissue.

These breakdowns are a inconvenience, but offer little anxiety for his staff, Stark said.

"Actually, we don't look after plugged toilets. That duty would fall on the college plumber."

Stark points to a lack of respect for the facilities as his staff's greatest complaint about the college community.

"It could be plugged toilets. It could be using the floor rather than the proper plumbing fixture, or writing graffiti on walls."

The housekeeping staff is responsible for cleaning graffiti where possible but if painting is required, it becomes a chore for college physical resources department, he said.

Students interested in the college's consumption of toilet paper, feminine products and other wastes, can look forward to the release of the current waste audit findings in eight weeks, he said.

Stark said he does not expect a reduction in time spent collecting and sorting waste.

He hopes the audit will lead to a reduction in the overall weight of the collected waste.

After a quiet summer, Stark estimates the college's use of washroom products has increased 75 per cent creating an equal increase in waste. Despite the issues of waste management and environmental awareness, he said, paper towels still seem to take precedence over hand-dryers in many of the campus washrooms.

"There's usually a trade off in cost. You have the cost of paper towels and the hygienic value of them. Use them once and throw them away."

Stark said hand dryers also present their own logistical problems: "If you are to remove paper towels you have more congestion in a large washroom, obviously, because you are limited to a number of hand dryers and the time it takes to use them."



**GET TO
KNOW
US !**

**DROP
IN
ANYTIME
AND
GIVE YOUR
INPUT
TO
DSA**



SPORTS

Men's soccer Condors fly away with road win

By Jennie Richardson

Conestoga College's men's soccer team defeated Lambton College 4-3 Oct. 5, in a fast but physical game at Doon's soccer field.

Neither team dominated the first half.

The half remained scoreless until the last 10 minutes when Greg Bera gave the Condors a 1-0 lead.

Lambton Lion Gary Docherty evened the score when he rushed the net and kicked it past Conestoga goaltender Sanjeeve Dhanapala.

Dhanapala, who played in net last year, was moved to goal in place

Condors 4 Lions 3

George Papadykos who twisted his ankle during a practise.

Conestoga went ahead minutes later when Ivan Lerotic fired a free kick into Lambton's net.

The second half was much more fast paced than the first.

Mike Riley scored for the Lions shortly after half-time.

The referee had to work hard to keep the game under control. He gave one red card(dismissal) and five yellow cards (caution) during the game.

Lambton's Steve McCarve was dismissed after sliding into

Dhanapala. Dhanapala was hurt on the play, but was able to stay in the game after a few minutes rest.

Condor Jason Stolper scored the last and winning goal of the game half way through the last half.

"We needed this game to get a playoff spot," Bera said.

The Condors have a 2-2-1 record this season and the win against Lambton helped them in the standings.

Lerotic said it was a "do or die" situation.

The Condors played the Lion's, who were last year's number one team, but lost 2-1.

Assistant coach Alex Perez said

he thought Dhanapala played well. "He was always talking to the players, which helps." Perez said the defensive changes worked out well— Dhanapala to goal and Lerotic to forward.

He said the team had a solid midfield and had been working on free kicks during practise which paid off.

Perez said the player of the game was Dwayne Bell. Bell was picked because he played a strong, quick game. "The team had a positive attitude even though they had lost the two previous games." He said the Condors still have a chance to make the playoffs.

Women's soccer team extends unbeaten streak

By Winston Endall

The Condors extended their undefeated streak to five games with a tie against Fanshawe College and a win over Lambton College in Ontario Colleges Athletic Association women's soccer action.

At home on Oct. 3, Conestoga took on the Fanshawe Falcons, who are tied with the Condors for first in the West Division.

During the first half, both teams took the ball into the opposing end, but neither was able to score.

Strong defensive play from Conestoga's Kerri Walker stopped many of the Fanshawe attacks.

In the second half, Condor goaltender Amanda Kesselring was on her way to recording her fourth straight shutout at the midway point of the half, but then the team mistook an official's call. The linesman called a Fanshawe player offside, but the referee did not whistle to stop the play. The Conestoga players hesitated just long enough for the Falcons to get a quick shot on the net. Kesselring tried to make the stop but the ball bounced off her chin and over her head to score.

Conestoga coach Geoff Johnstone said the players stopped because of the linesman's flag, rather than the referee's whistle.

Condors 1 Falcons 1 Oct. 3

Condors 1 Lions 0 Oct. 6

Conestoga evened the score later in the half when Sandra McDougall charged the Fanshawe net to force a goal.

The Condors had a chance to win the game in the closing minutes when they were awarded a goal kick because of a Fanshawe penalty. Amy Yoewell took the kick which was blocked. Afterwards, Johnstone said he remembered that Yeowell had played soccer with the Fanshawe goaltender since she was seven years old.

He said he would rather have put in a player the goalie was not familiar with.

Jody Girodat was nominated for Conestoga's athlete of the week for her strong defence against Fanshawe's high-scorer, Jennifer Granger.

"You could see the strain on her (Granger's) face," Johnstone said.

For their next game, the Condors travelled to Sarnia to face the Lambton Lions on Oct. 6.

Just like their match up on Sept. 20, Conestoga came out on top, with a score of 1-0.

The lone Condor goal came in the second half from McDougall.



Conestoga Condor Amy Olson heads the ball over the Fanshawe Falcon attackers, during play Oct. 1. (Photo by Winston Endall)

FOOD BANK KICK-OFF



PLEASE BRING IN CANNED FOOD
ITEMS TO THE DSA ACTIVITIES
OFFICE, OR DROP IN ANY YELLOW
FOOD BANK BOXES, LOCATED
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IF YOU ARE IN NEED OF THE FOOD BANK
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THIS IS A FREE SERVICE OFFERED
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Dress differently for the United Way!

For \$2 per day (or 3 days for \$5), wear whatever you want (almost) to school -- and support the 1994 area United Way campaign. The Conestoga UW campaign committee has set the following DRESS DIFFERENTLY DAYS -- but you can use your dress-differently tickets for any day you choose

Monday, Oct. 31 -- dress for Halloween
Friday, Nov. 25 -- community-wide UW dress casual day

Tuesday, Feb. 14, 1995 -- dress red for Valentine's Day

Friday, March 31, 1995 -- dress differently for April Fool's Day (the following day)

Buy your tickets from: Mary-Lynn Dedels (Doon), Leisa Cronsberry (SCSB), Mary McElwain (Woodworking Centre), Barb Glaser (ECE), Linda Guthrie (Guelph), Sherley Loucks (Waterloo), Karen Wilson (Cambridge), Linda MacLeod (Stratford), Sue Read (Health Sciences).

Condors overtake Mohawk in extra innings

By Michelle Voll

The Conestoga Condors' women's softball team seems to be in complete control of its opponents, battling to win another game Oct. 5, this time in extra innings.

Though the Mohawk Mountaineers put up a strong fight throughout the game, the Condors showed the hometown crowd that they can take on almost any team and win.

Condors' pitcher Fawn Day turned in another impressive pitching performance, allowing only one Mohawk player to cross the plate through eight innings. Although she had runners on base during the game, Day always man-

aged to pitch the Condors out of the inning.

Condor Kelly Chilton earned her second nomination in as many days for player of the week, due to her excellent defence. Chilton also went two for three in the game with one RBI.

Things looked tense early on, however, with an error that could have been costly. With two down in the bottom of the first, Kris Gemmell threw away an easy grounder, allowing the runner to take second.

Fortunately for the Condors, pitcher Fawn Day got the next batter to ground out to end the inning, saving what could have been a de-

Condors 2 Mountaineers 1

cisive run.

The game stayed scoreless until the bottom of the third, when Gemmell hit a lead-off single. With a sacrifice bunt from Day and a grounder from Jasmine Hovinga, Gemmell advanced to third.

With Gemmell leaning towards the plate, Kelly Chilton knocked a single through the hole batting in the first run of the game.

The score remained at 1-0 until the top of the fifth when Mohawk tied things up.

Condors missed a chance to take the game in the bottom of the seventh when Casey Morrow hit a high

fly which the Mountaineers left fielder missed.

With a runner now on base, it looked like Conestoga could win the game, but Morrow was doubled off when Michelle Godin popped one up in the air.

After the seventh the score was still tied 1-1, forcing extra innings.

The eighth began with a Mountaineer on second base, due to the ruling that each team has a runner placed on second during extra innings to increase scoring chances.

The runner didn't bother Day, who persevered to get three easy outs and get out of the inning.

Although the Mountaineers couldn't capitalize on the runner

they were given, the Condors could.

In the bottom of the eighth, Gemmell hit a grounder that was thrown away, allowing Conestoga to score and win the game 2-1.

The possibility for a high-scoring game was there but both teams missed scoring opportunities.

In the bottom of the second, Conestoga had runners on second and third when Valerie Mitchell was hit by a pitch, loading the bases for the Condors. Unfortunately, the Condors were unable to bring the runners home.

With one game left in their regular season, the Condors remain second in the league with a 5-2 record.

Condors softball team wins again

By Michelle Voll

The Condors women softball team travelled to Hamilton Oct. 4 and pounded the Mohawk Mountaineers 10-3, keeping Conestoga second in the league and improving their record to 4-2.

Condor bats dominated in the game by providing 14 hits.

Condor Kelly Chilton went three for five in the assault, driving in three runs and scoring two.

Chilton also earned a nomination for player of the week for being third in league batting statistics.

Pitcher Fawn Day once again provided the Condors with all they needed to win the game.

Although she gave up nine hits, she struck out 11 Mohawk players.

Despite the loss, Mohawk pitcher Alison Diplock fanned 13 Conestoga batters, while walking four.

Early in the game the Mountaineers took the lead. Mohawk scored a run in the bottom of the first.

But the Mountaineers luck didn't last long. In the

Condors 10 Mountaineers 3

second inning, Day took control of the game, striking out the side.

The Condors didn't get on the board until the top of the third when they scored a run to tie the game.

In the fourth, the Condors attacked, scoring six runs and blowing the game wide open at 7-1.

Mohawk scored two more in the top of the fourth. Conestoga added another three runs in the sixth to bring the score to 10-3.

Condors' third baseman Kris Gemmell added to the attack on Mohawk, going two for five in the game, with two runs scored and one RBI.

Chrissy Degan followed suit, with two hits in four at-bats, while driving in three runs and scoring one. Jasmine Hovinga added to the offense with three hits, two runs and one RBI for the Condors.

With two games left to play this season, it looks like the Condors won't be able to catch Durham for first place.

Hockey Game

CONESTOGA



CONDORS

VS

Laurier
Golden Hawks

Wednesday, October 19
Recreation Centre
7:30 p.m.

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**Michelle at the DSA
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Male Athlete of the Week for Sept. 26-Oct. 1



Brian Park

Park, captain of the hockey team, scored two goals and had two assists in the Condors' win over Sir Sandford Fleming.

(advertisement)

Female Athlete of the Week for Sept. 26-Oct. 1



Tammy Flanagan

Flanagan, who plays on the women's soccer team, played strong defence to help the Condors win against St. Clair.

(advertisement)

League Standings

Varsity Standings
as of Oct. 9

Men's soccer - West

Team	GP	W	L	T	PTS
Lambton	4	2	1	1	5
Conestoga	5	2	2	1	5
Fanshawe	5	1	1	2	4
St. Clair	5	2	3	0	4

Women's soccer - West

Team	GP	W	L	T	PTS
Conestoga	5	4	0	1	9
Fanshawe	5	4	0	1	9
St. Clair	5	1	4	0	2
Lambton	5	0	5	0	0

Women's softball

Team	GP	W	L	T	PTS
Durham	6	6	0	0	12
Conestoga	7	5	2	0	10
Seneca	6	3	3	0	6
Mohawk	6	2	4	0	4
Loyalist	7	0	7	0	0

Tim Allen's first book offering amusing and insightful

By Kerry Masche

Following in the footsteps of Jerry Seinfeld and Paul Reiser, Tim Allen, star of television's *Home Improvement*, has decided to enhance his resume by writing a book about what he knows best.

Don't Stand Too Close to a Naked Man, is based on everything Allen has to say about being a man. Because, he writes, he knows almost nothing about being a woman.

Written from a first-person point of view, the book covers Allen's life from adolescence to adulthood and discusses everything from the importance of a man's penis, to

why men feel the need to leave the toilet seat up.

Like his character Tim Taylor on *Home Improvement*, Allen focuses on manly subjects like demolition, mass destruction and horse-power engines.

He lets the reader know what goes on in a man's mind in an open, straight forward and sometimes graphic manner that leaves nothing to the imagination.

In the chapter "Women Are People Too," Allen discusses the need for men to understand women. The key to lowering a man's handicap

Book Review

Don't Stand Too Close to a Naked Man
Tim Allen

in this area, according to Allen, is simply to be nice to them.

Like many comedians, Allen relies on the humor that exists in everyday life to keep the reader hooked.

He explains the difference between flirting and hitting on someone, and lets his male readers know how to tell if women are interested in them.

The book has a serious side as well.

Allen discusses how he used his sense of humor to keep him out of

trouble while he was serving time for drug dealing, and the loss he felt at the time of his father's death.

He expresses his values on the topics of monogamy, marriage and the role a man has to play in society as both a husband and a father.

Some people may find Allen's book predictable because most of it is similar to the topics covered on his show.

Others may think he has hopped on the band wagon with other comedians who have decided to give their fans a more tangible piece of their work.

However, die-hard Tim Allen fans are going to love this book.

Spin Doctors fall short of debut's success

By Blair Matthews

Turn It Upside Down, the newest effort by the Spin Doctors, is a weak imitation of the album *Pocket Full of Kryptonite* that rocketed them to the top of the charts a year ago.

If you are a die-hard Spin Doctors fan, you probably knew that their new album was released in August this past summer. If you only take a trip to the record store every so often, chances are you missed the news completely as many people have.

The album has 13 songs on it that mirror the sound and general content of past albums.

The theme of *Turn It Upside Down* is hard to pick out. Nearly every song sounds the same, from the opening seconds of the first song, to the end of the album just shy of the 56-minute mark. The exceptions are Cleopatra's Cat, Bags of Dirt and Indifference. These tunes vary from the mediocre and hold potential for single-release — eventually.

The Spin Doctors seemed likely

Album Review

Turn It Upside Down
Spin Doctors

to fail the last time around as their album failed to get the attention it deserved.

The funny thing about that album was the fact that it was originally released in 1991, but didn't find fame until two years later. Several huge singles were released that included: Two Princes, Little Miss Can't Be Wrong and Jimmy Olsen's Blues.

It seems the Spin Doctors haven't learned to acquire the almighty marketing and promotional arm that has driven bands such as the Tragically Hip to all-time highs.

On the bright side, it was recently released that the Spin Doctors will be opening up for the Rolling Stones' Voodoo Lounge tour in selected venues. This exposure is exactly what the Spin Doctors need to pull their new album from the bargain-bin doom it's surely to find if things don't



soon turn around for them.

Overall, the album lacks the creativity and freshness that bands constantly strive for with a new album. The saying goes: "If it ain't broke, don't fix it."

With this album, the Spin Doctors' timing is the only one of many things that are broken. This is a summer album that just missed the summer, and as a result, may have missed its calling.

ENTERTAINMENT

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